

# Contrast and Alignment

Consciousness Technologies of Shamanism - an Introduction

**In the explanation of things Shamanic, religious references may be used and can be useful. Your ability and practice of Releasing any Emotional Charge from what you perceive as ‘religious sounding’ terms will serve you – both in this context and others.**

Combining ancient spiritual principles with modern scientific understanding will yield, in the dedicated practitioner, an ability to tap into the Field of unlimited possibility and access what appear to be miraculous results. The single item required from one in order to access this quite frankly awesome power is: desire. Yes, study and practice are required – but the effort required pales into insignificance when compared to the life altering power available to those who choose.

Integrating modern, leading edge modalities such as Matrix Energetics™, Quantum Entrainment, and Emotional Freedom Technique with Medication, and the Power of Assumption in the practice of “Accelerated Prayer” can, does and will result in the manifestation of everything from stress reduction to pain relief to release of emotional blockage.. so that whatever condition or situation was formerly seen as a problem may be either totally solved (never to return), alleviated so that a program of healing can be undertaken, or recontextualized in the mind and experience of the recipient so that the problem (or set of problems) simply no longer exists in that life experience.

When you experience “the wave”, being ‘slain in the spirit’ or the effect - known by any number of terms in which you sense a state of energy flow out of the norm, you may well want to know- “What just happened?”...

The answer is: Something Ineffable. (period) But using the language, it was ‘a blessing from God’ is entirely accurate. One could say, “I don’t know what it was, but it was not unpleasant – and it seemed good” – which is also absolutely true. An effort to explain the process follows:

**First**, the concept known as **Quantum Entanglement** begins – (simply meaning coming together at the Quantum level) this need not be difficult or confusing – and, in fact, it happens to a lesser degree in every face to face human interaction. This is merely language describing the process wherein two entities previously understood to be (and experienced as) separate, voluntarily yield that sense of separation for a period of time for an express purpose (in our context it is for the betterment of all with a focus on the perceived problem of the client).

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**Shamanism** is a term for a range of beliefs and practices relating to communication with the spiritual world. Shamans are said to treat ailments/illness by mending the soul. Alleviating traumas affecting the soul/spirit restores the physical body of the individual to balance and wholeness. Shamans may visit other worlds/dimensions to ameliorate illnesses, operating primarily within the spiritual world, which in turn affects the human world. (source: Wikipedia)

The importance of Intent cannot be overemphasized – and 1) both parties need not understand all aspects of the process, and 2) ‘left brain understanding’ can, in fact, impede progress, since we are culturally conditioned to NEVER surrender so completely to another. This communicating need not be in any way physical – and can be accomplished remotely – but it is also akin to the most intimate human interactions – occurring on a spiritual or non-physical level of awareness.

The effects of this entangling can be disconcerting, since it differs from everyday experience. As one allows this ‘new’ feeling to “Be OK”, a change in the vibration of the consciousness of the individual(s) involved occurs - which can also be described as “tuning your awareness” to a different frequency – analogous to moving the dial on an FM Radio Tuner, the result of which is:

**We come into Alignment** with \*The Field. It may be equally accurately stated: We “tune in” to the vibrational wavelength of The Divine. By “Getting out of our own way” we can access energies which our firmly held sense of separation only moments prior prohibited us from accessing. Once in this vibrational area – ‘tuned to this frequency’, so to speak, by removing focus from our limitations, and placing our attention on the field of possibility.. we have instant access to the quite literally infinite potential formerly out of our reach. And we may – during this period of alignment – revise ANY condition.

**The process continues** as the former, unpleasing circumstance (Contrast) is reconfigured via dissolution and translation into the (now possible) manifestation of the better circumstance. The term “ineffable” fits. The “How?” of this entire process works at an other-than-we’re-used-to level. Quantum Experience is not limited to Newtonian definitions of cause and effect. Since the possible now is, attention may be refocused with the end result being that our former “regular reality” has been transformed into the “new normal”. *Since ALL things are possible in this Field, there are no limitations to the degree of change available.* Bringing to mind the quote: “Behold, I make all things new.”

**The trick** it seems is best expressed by the phrase, “**learning to get out of your own way**”, and studying Consciousness Technologies such as Matrix Energetics™ and others may be useful for those seeking sufficient understanding to be able to apply these processes effectively. Whether this involves an accessing of the right hemisphere of the brain, integrating both hemi-spheres, or using the Etheric Brain (ref: Dr. David R. Hawkins); the explanation is NOT the process.

We in the West have a history of considering access to this sort of thing, or *perceiving beyond the physical* a “gift”. And have held “Psychics” in.. either high esteem or ridicule, depending on the situation.

“Become as little children” is an admonition that makes sense in this context. We ALL began this lifetime with a sense of awe.. a sense of curiosity, discovery and adventure. And with the ability or activity we have probably had trained out of us most effectively – an IMAGINATION.

Those who are, *or have learned to become*, comfortable perceiving things outside the standard range of perception, ‘get out of their own way’ and are thus able to “Read” things others cannot (yet). Perhaps they access neural activity in specific areas of the brain, perhaps they “live life like a prayer” (ref: Hawkins) – the point here is what we’ve perceived as “a gift” can be learned.

It is axiomatic: By changing your focus, you change your perception. “When you change the way you look at things, things change.” Today we are seeing more and more documentation of the absolute veracity of that statement. And, each of us can revise our perspective – on purpose.

Albert Einstein, who many consider a pretty sharp guy, posited that “Imagination is more important than knowledge”. The truth here is that Imagination – when properly Understood and Applied is perhaps our most effective tactical tool in manifesting.. anything. The use of Focused Intent, shaped and molded with Imagination, powered by The Field (AKA Divinity) is effective beyond measure. Love, in a word, is the MOST powerful force in our Universe, Intent is the second most powerful. Combined and integrated with the focused intent to Go to and Access the Possible, for the Benefit of a Better Circumstance - Love... works.

We’ve been taught to use our intellect to solve problems - that thinking with our brain is best. Our Heart, on the other hand, is better equipped to think what is more useful. The heart is in the center of the body for a reason... As we develop a balanced dialogue between the head mind and the heart mind, things fall into alignment. And, virtually anyone can learn How to do it.

“When you understand it is what’s in the center that counts, you will then reverse the upside down relationship you have between your heart and your mind, and you will then move forward harmoniously.”  
– Bashar

Abraham-Hicks tells us we need and can appreciate Contrast – they also teach us to “Get in the Vortex” or to bring ourselves (*by choosing a better feeling thought, over and over again if needed*) into vibrational alignment with the good we want (*that has already been created for us*) in order to gain access to it. Applying the appropriate Consciousness Technology may enable us to access this “Vortex” - as well as affect what we may pull out of this other-than-physical place - where what we have in escrow (*the good we seek*) awaits our receptivity to become manifest.

For More Information, or to set appointment for a Face to Face or Remote Session:

[www.IwantJoy.com](http://www.IwantJoy.com)

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**Imagination**, also called the faculty of **imagining**, is the ability of forming images or sensations when they are not perceived through sight, hearing, or other senses. Imagination helps provide meaning to experience and understanding to knowledge. Most famous inventions or entertainment products were developed from the inspiration of someone's imagination. (source: Wikipedia)